



Eligibility and Covered Services

Eligibility for [services](#) at UChicago Student Wellness is based on a student being actively enrolled in an eligible program of study; eligibility is not based on whether a student is on U-SHIP. Most degree programs that convene full-time on the Hyde Park campus are eligible.

COVERED SERVICES	RESPONSIBILITY OF HEALTH INSURANCE OR STUDENT
MEDICAL	
<ul style="list-style-type: none"> • Routine physicals • General medical consultation • Acute and chronic care • Diagnostic cytology (PAP tests) • STI (sexually transmitted infection) testing • Urine dipstick and pregnancy testing • Rapid strep testing • PPD (tuberculosis) testing • Flu and school-required immunizations • Allergy injection visits • Travel health consultations • Contraception consultations • Sports medicine consultations • Many routine laboratory (blood work) tests 	<ul style="list-style-type: none"> • Prescription and over-the-counter medications • Consultation and/or treatment by sub-specialists outside of the UChicago Student Wellness clinical staff • Select immunizations (yellow fever, polio, and typhoid) • Emergency room care • Hospitalization • Select laboratory tests • Radiology procedures • Medical supplies • Medical record copying or certificates • Heart station procedures (EKGs, holter monitors) • Other services not listed here
COUNSELING	
<ul style="list-style-type: none"> • Initial assessments • 24/7 Therapist-on-Call • Urgent/crisis care during business hours • Short-term psychotherapy • Individual and couples counseling • Substance use (AOD) assessments • Eating concerns assessments • Therapy and support groups • Academic/study skills counseling (and workshops) • Let's Talk: informal/drop-in consultations with a therapist • Psychiatric consultation and medication management • Referral services 	<ul style="list-style-type: none"> • Prescription and over-the-counter medications • Consultation and/or treatment by sub-specialists outside of the clinical staff • Emergency room care • Long-term psychotherapy • Other services not listed here
HEALTH PROMOTION	

All health promotion services are available to any UChicago student, regardless of eligibility.

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| <ul style="list-style-type: none"> • Wellness coaching • Alcohol and other drug screening and intervention • College, Graduate/professional-specific programming • Sexual health education and safer sex supplies • Wellness-focused student groups • Student Recovery Group • Mental well-being education and training • Meditation, yoga, and more | <ul style="list-style-type: none"> • Wellapalooza (bi-annual Wellness event) • Art Therapy • Campus health and wellbeing assessments • Refresh Sleep (online sleep education program) • Social Connectedness and emotional wellbeing programming • Outreach events • Pet Love (pet therapy) • Stress relief events |
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