



# UChicago Student Wellness

## Eligibility and Covered Services

Eligibility for services at UChicago Student Wellness is based on a student being actively enrolled in an eligible program of study. Most degree programs that convene full-time on the Hyde Park campus are eligible. Students in certain registration statuses (e.g., Study Abroad, Pro Forma) are not eligible. For questions about whether your program is eligible, please contact your dean of students or call 773-834-WELL. The table below lists UChicago Student Wellness services that are covered, at no cost, for eligible students. Items not covered are the responsibility of the student or the student’s health insurance provider. If you have questions about the costs of care, please ask any of our staff members. For the 2020-21 academic year, all covered services listed below are offered – either through virtual or in-person care.

COVERED SERVICES	RESPONSIBILITY OF HEALTH INSURANCE OR THE STUDENT
<b>MEDICAL</b>	
<ul style="list-style-type: none"> <li>• Routine physicals</li> <li>• General medical consultation</li> <li>• Acute and chronic primary care</li> <li>• Diagnostic cytology (PAP tests)</li> <li>• STI (sexually transmitted infection) testing</li> <li>• Urine dipstick and pregnancy testing</li> <li>• Rapid strep testing</li> <li>• PPD (tuberculosis) testing</li> <li>• Flu and school-required immunizations</li> <li>• Allergy injection visits</li> <li>• Travel health consultations</li> <li>• Contraception consultations</li> <li>• Sports medicine consultations</li> <li>• Many routine laboratory (bloodwork) tests</li> </ul>	<ul style="list-style-type: none"> <li>• Prescription and over-the-counter medications</li> <li>• Consultation and/or treatment by sub-specialists outside of the UChicago Student Wellness clinical staff</li> <li>• Select immunizations (yellow fever, polio and typhoid)</li> <li>• Emergency room care</li> <li>• Hospitalization</li> <li>• Select laboratory tests</li> <li>• Radiology procedures</li> <li>• Medical supplies</li> <li>• Medical record copying or certificates</li> <li>• Heart station procedures (ECGs, Holter monitors)</li> <li>• Other services not listed here</li> </ul>
<b>COUNSELING</b>	
<ul style="list-style-type: none"> <li>• Initial assessments</li> <li>• 24/7 Therapist-on-Call</li> <li>• Urgent/crisis care during business hours</li> <li>• Short-term psychotherapy</li> <li>• Individual and couples counseling</li> <li>• Substance use (AOD) assessments</li> <li>• Eating concerns assessments</li> <li>• Therapy and support groups</li> <li>• Academic/study skills counseling (and workshops)</li> <li>• Let’s Talk: Informal/drop-in consultations with a therapist</li> <li>• Psychiatric consultation and medication management</li> <li>• Referral services</li> </ul>	<ul style="list-style-type: none"> <li>• Prescription and over-the-counter medications</li> <li>• Consultation and/or treatment by sub-specialists outside of the UChicago Student Wellness clinical staff</li> <li>• Emergency room care</li> <li>• Long-term psychotherapy</li> <li>• Other services not listed here</li> </ul>
<b>HEALTH PROMOTION</b>	
<p><i>All health promotion services are available to any UChicago student, regardless of eligibility</i></p> <ul style="list-style-type: none"> <li>• Wellness Coaching</li> <li>• Alcohol and other drug screening and intervention</li> <li>• Wellness programs, workshops, and events</li> <li>• College, graduate/professional-specific programming</li> <li>• Sexual health education and condoms</li> <li>• Wellness-related RSO and student group advising</li> <li>• Mental Health First Aid training</li> <li>• Meditation, yoga, stress relief kits, and more</li> </ul>	