



Eligibility and Available Services

Eligibility for services at UChicago Student Wellness is based on a student being actively enrolled in an eligible program of study; eligibility is not based on whether a student is on U-SHIP. Most degree programs that convene full-time on the Hyde Park campus are eligible.

AVAILABLE SERVICES AT NO COST	RESPONSIBILITY OF HEALTH INSURANCE OR STUDENT
MEDICAL	
• Preventive care and annual wellness visits • Evaluation and treatment of acute illnesses and injuries • Management of chronic medical conditions • Women's and reproductive health services • Sexual health services • Contraceptive counseling and management • Rapid strep, flu, and COVID testing • Select immunizations • TB (tuberculosis) screening • Flu immunization clinics (Autumn Quarter) • Allergy injection visits • Travel health consultations • Sports medicine consultations • Eating concerns evaluations • Many routine laboratory (blood work) tests ordered by UChicago Student Wellness clinical staff	• Prescription and over-the-counter medications • Consultation and/or treatment by sub-specialists outside of the UChicago Student Wellness clinical staff • School-required immunizations • Select immunizations • Emergency room care • Hospitalization • Select laboratory tests • Radiology procedures • Medical supplies • Medical record copying or certificates • Heart station procedures • Outside lab orders • Other services not listed here
MENTAL HEALTH	
• Initial consultations • 24/7 Therapist-on-Call • Urgent/crisis care during business hours • Short-term psychotherapy • Individual and couples counseling • Substance use (AOD) assessments • Eating concerns assessments • Therapy and support groups • Academic/study skills counseling (and workshops) • Let's Talk: informal/drop-in consultations with a therapist • Psychiatric consultation and medication management • Referral services • All TimelyCare services	• Prescription and over-the-counter medications • Consultation and/or treatment by sub-specialists outside of the clinical staff • Emergency room care • Long-term psychotherapy • Other services not listed here

HEALTH PROMOTION

All Health Promotion services are available to any UChicago student, regardless of eligibility:

- Health coaching (through TimelyCare)
- Alcohol and other drug consultations and educational programs
- College, Graduate/professional-specific programming
- Sexual health education and safer sex supplies
- Wellness-focused student groups
- Student Recovery Group
- Mental well-being education and training
- Wellpalooza (annual Wellness event)
- Campus health and well-being assessments
- Refresh Sleep (online sleep education program)
- Social Connectedness and emotional well-being programming
- Outreach events
- Pet Love (pet therapy)
- Stress relief events
- Mindfulness Meditation courses