



## Eligibility and Available Services

Eligibility for [services](#) at UChicago Student Wellness is based on a student being actively enrolled in an eligible program of study; eligibility is not based on whether a student is on U-SHIP. Most degree programs that convene full-time on the Hyde Park campus are eligible.

### AVAILABLE SERVICES AT NO COST

### RESPONSIBILITY OF HEALTH INSURANCE OR STUDENT

#### MEDICAL

- Preventive care and annual wellness visits
- Evaluation and treatment of acute illnesses and injuries
- Management of chronic medical conditions
- Women’s and reproductive health services
- Sexual health services
- Contraceptive counseling and management
- Rapid strep, flu, and COVID testing
- Select immunizations
- TB (tuberculosis) screening
- Flu immunizations
- Allergy injection visits
- Travel health consultations
- Sports medicine consultations
- Eating concerns evaluations
- Many routine laboratory (blood work) tests ordered by UChicago Student Wellness clinical staff

- Prescription and over-the-counter medications
- Consultation and/or treatment by sub-specialists outside of the UChicago Student Wellness clinical staff
- School-required immunizations
- Select immunizations
- Emergency room care
- Hospitalization
- Select laboratory tests
- Radiology procedures
- Medical supplies
- Medical record copying or certificates
- Heart station procedures
- Outside lab orders
- Other services not listed here

#### MENTAL HEALTH

- Initial consultations
- 24/7 Therapist-on-Call
- Urgent/crisis care during business hours
- Short-term psychotherapy
- Individual and couples counseling
- Substance use (AOD) assessments
- Eating concerns assessments
- Therapy and support groups
- Academic/study skills counseling (and workshops)
- Let’s Talk: informal/drop-in consultations with a therapist
- Psychiatric consultation and medication management
- Referral services
- All TimelyCare services

- Prescription and over-the-counter medications
- Consultation and/or treatment by sub-specialists outside of the clinical staff
- Emergency room care
- Long-term psychotherapy
- Other services not listed here

#### HEALTH PROMOTION

All Health Promotion services are available to any UChicago student, regardless of eligibility:

- Health coaching (through TimelyCare)
- Alcohol and other drug consultations and educational programs
- College, Graduate/professional-specific programming
- Sexual health education and safer sex supplies
- Wellness-focused student groups
- Student Recovery Group
- Mental well-being education and training
- Wellpalooza (annual Wellness event)
- Campus health and well-being assessments
- Refresh Sleep (online sleep education program)
- Social Connectedness and emotional well-being programming
- Outreach events
- Pet Love (pet therapy)
- Stress relief events
- Mindfulness Meditation courses