

UChicago Medicine International Newsletter

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Dear Colleagues and Friends,

On May 17th, we hosted UChicago Medicine China's 2019 Forum at the University of Chicago Center in Beijing. At the forum, our world renowned oncologists, including Dr. Michael Bishop and Dr. Hongtao Liu, present new research and clinical updates in leukemia and cellular therapies at UChicago Medicine and had interactive discussions with 70+ at the event.



In addition, 6 junior faculty members from prestigious Chinese academic medical centers successfully completed the 2019 Clinical Leadership Development Fellowship. Throughout this fellowship for the last 10 months, the fellows have accomplished a MacLean Clinical Medical Ethics Fellowship, a Certificate Program at the Graham School of the University of Chicago in Clinical Trials Management, a Hospital Management Internship, and Clinical research or basic research in the area of the fellow's clinical expertise.





The University of Chicago Medicine has been at the forefront of digestive disease care since 1927, when our doctors created the nation's first hospital-based gastroenterology department. Today, we provide care for all types of gastrointestinal conditions, from inflammatory bowel disease and liver disorders, to esophageal, pancreatic, and bile duct diseases and all forms of gastrointestinal cancers. U.S. News & World Report ranks

our digestive disorders program among the best in the nation. In the ninth volume of UChicago Medicine International Newsletter, featured are stories about advanced research and clinical care as well as heartwarming patient stories from our Digestive Disease Center.



FOREFRONT OF MEDICINE

New guidelines for treating patients with ulcerative colitis

Dr. David Rubin, chief of gastroenterology, hepatology, and nutrition and co-director of the Digestive Diseases Center at the University of Chicago Medicine, led the team of experts to establish new guidelines for treating patients with ulcerative colitis. Published in the March issue of The American Journal of Gastroenterology, new guidelines on



diagnosing and managing ulcerative colitis are aimed at helping patients experience sustained periods of remission from the debilitating inflammatory disease while relying less on traditionally used steroids.

Combination of IBD medications offers bridge to avoid surgery

Dr. David T. Rubin led a team that tracked the use of two different medications that target the immune system and can reduce inflammation in the intestine caused by inflammatory bowel disease. For the new study, Dr. Rubin and his colleagues looked back at patients who were treated with both vedolizumab and a calcineurin inhibitor. After a year of that treatment, 60 percent of these patients continued to take vedolizumab and achieved remission, free of symptoms.

Appendix cancer, while rare, still requires expert treatment

Appendix cancer is rare, but the multidisciplinary team of medical and surgical oncologists at the University of Chicago Medicine expertly treats the disease guided by the latest research and advanced techniques. Kiran K. Turaga, MD, MPH, a surgical oncologist who treats a wide range of abdominal and peritoneal diseases, including cancer of the colon, stomach, mesothelioma as well as appendix cancer explains more details about appendix cancer.

<u>Physician brings Chicago man 'back from the dead' after rare</u> bile duct bleeding thre<u>atens his life</u>

When Morris Fourte was admitted to the UChicago Medicine due to gallstones in his bile duct and diagnosed cholangitis, UChicago Medicine care team discovered that he had a rare connection, or fistula, between his artery and bile duct, that was causing excessive bleeding in his bile duct. Dr. Uzma



Siddiqui, an expert in the treatment of patients with complex disorders of the gastrointestinal system, removed the stones using endoscopic retrograde cholangio pancreatography (ERCP).



UPCOMING EVENTS

Sep. 13-15 (Chicago) 3rd Annual University of Chicago Ultrasound Symposium (Link)

Sep. 16-20 (Chicago) 2nd Annual Global Health Executive Training (Link)

Oct. 18-19 (Chicago) Chicago Breast and Lymphedema Symposium 2019 (Link)

Ongoing (E-Learning) UChicago Medicine E-Learning Courses (Link)

If you have any question in regard to patient care, events, or international collaboration options, please contact us via email or WeChat.

Sincerely,

Nida Shekhani Diala Atassi Mark Wen(温志刚) Dr. Cheng-Kai Kao (高承楷)

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