

# **UChicago** Medicine International Newsletter

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Dear Colleagues and Friends,

UChicago Medicine's Orthopaedic Surgery has been building its reputation and achieving remarkable growth, since the University of Chicago Hospitals established the nation's first full-time Orthopaedic Surgery Faculty In 1930. For example, UChicago Medicine recently became the exclusive medical provider of Chicago Sky WNBA team. Our Director of Sports Medicine has been serving as a team orthopaedic surgeon of Chinese National Women's Volleyball Team. Soon, we will launch the UChicago Medicine Musculoskeletal Center to offer easy access, consistent and coordinated care, and an outstanding patient experience to all patients with musculoskeletal disorders. In the fourth volume of UChicago Medicine International Newsletter, we are excited to share great orthopaedic surgery patient stories with you.

#### **FOREFRONT OF MEDICINE**

## Arthroscopic knee surgery helps WNBA star return to form

When Chicago Sky star Allie Quigley was ready to address her knee pain, UChicago Medicine's Aravind Athiviraham, MD, a specialist on orthopaedic sports medicine helped restore her confidence on the court.

For more information, please visit <a href="https://www.uchicagomedicine.org/orthopaedics-">https://www.uchicagomedicine.org/orthopaedics-</a> articles/arthroscopic-knee-surgery-helps-wnba-star-return-to-form

#### What women need to know about sports injuries

Anatomy, nutrition and other factors can make female athletes — and all active women — more prone to injury and orthopaedic aches and pains.



For more information, please visit <a href="https://www.uchicagomedicine.org/orthopaedics-articles/what-women-need-to-know-about-sports-injuries">https://www.uchicagomedicine.org/orthopaedics-articles/what-women-need-to-know-about-sports-injuries</a>

#### Elite rower achieves his dreams after back surgery

A pop in his back, followed by excruciating pain. Less than a year after minimally invasive surgery to repair two herniated lumbar discs, University of Chicago crew team member Stu McDonald is headed to China to compete in the 2018 World University Rowing Championships.

For more information, please visit <a href="https://www.uchicagomedicine.org/orthopaedics-articles/elite-rower-achieves-his-dreams-after-back-surgery">https://www.uchicagomedicine.org/orthopaedics-articles/elite-rower-achieves-his-dreams-after-back-surgery</a>



# After years of shoulder pain, former high school athlete is a 'new person' thanks to innovative procedure

Tom Kavanaugh accepted that his shoulder pain would be a way of life — until UChicago Medicine's Megan Conti Mica, MD, performed a procedure that turned his life around.

For more information, please visit <a href="https://www.uchicagomedicine.org/orthopaedics-articles/after-years-of-shoulder-pain-former-high-school-athlete-is-a-new-person">https://www.uchicagomedicine.org/orthopaedics-articles/after-years-of-shoulder-pain-former-high-school-athlete-is-a-new-person</a>

#### **UPCOMING EVENTS**

Sep. 14 (Beijing) Precise Treatment for Tumors: Medication and Surgery, and Academic

**Development Conference** 

https://www.uchicago.cn/events/precise-treatment-for-tumors-medication-

and-surgery-and-academic-developmen/

Sep. 28-30 (Chicago) Chicago OB/GYN Ultrasound Symposium 2018

https://cme.uchicago.edu/ultrasoundsymposium18

Oct. 5-6 (Chicago) CLIER 2018: Update in Obstetrics & Gynecology

https://cme.uchicago.edu/clier2018#group-tabs-node-course-default1

Nov. 16 (Chicago) Chicago Lung Cancer Updates 2018

https://cme.uchicago.edu/clcu2018#group-tabs-node-course-default1

Ongoing (E-Learning) UChicago Medicine E-Learning Courses (Link)

If you have any question in regard to patient care, events, or international collaboration options, please contact us via email or WeChat.

Sincerely,

Diala Atassi Dr. Cheng-Kai Kao (高承楷)

Director of International Programs Medical Director of International Programs

## **UChicago Medicine International Programs**

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