



Single-Stream Recycling Guide

Save and Post!

You can now place all recyclables in one bin!



Opened mail & greeting cards



Paper egg cartons



Paperboard boxes



File folders



Blueprints



Magazines, brochures & catalogs



White or pastel office paper



Newspapers & inserts
(no bags)



Phone Books



Corrugated cardboard & paper bags
flatten



Paper-back books



#1-7 Plastic tubs & screw-top jars
(no lids, no #7 PLA compostables, do not flatten)



#1-7 Plastic bottles & jugs
(no lids, no #7 PLA compostables, do not flatten)



Cans (do not crush or flatten)



Clean, balled aluminum foil
(2" or larger) and pie pans



Loose metal jar lids & steel bottle caps



Glass bottles & jars

No need to remove: paper clips, stamps, address labels, staples, tape, wire, metal fasteners, rubber bands, spiral bindings, plastic tabs.

Please flatten all cardboard boxes.

Empty and rinse all containers. Do not flatten containers.

Please follow these guidelines carefully.

Questions? Call or visit:

5-5537

<http://sustainability.uchicago.edu/medicalcenter>



THE UNIVERSITY OF
CHICAGO
MEDICAL CENTER

AT THE FOREFRONT OF MEDICINE®

NO

- plastic bags
- plastic lids & caps
- shredded paper
- hard-back books
 - scrap metal
- Tyvek® envelopes
- plastic 6-pack holders
 - needles or syringes
- paper ream wrappers
- plastic microwave trays
 - frozen food, ice cream or frozen juice containers
- mirrors, ceramics or Pyrex®
 - light bulbs, plates or vases
- drinking glasses, window glass
- hazardous or bio-hazardous waste
 - plastics other than those listed
 - tissues, paper towels, napkins
 - waxed paper or waxed cardboard
 - stickers or sheets of address labels (affixed address labels and stamps ok)
 - Kraft® (orange/brown) envelopes
 - Styrofoam® or paper to-go containers



plastic bags



shredded



Styrofoam® & paper to-go boxes & cups



plastic caps



Empty aerosol cans
(no caps)



aim for **zero** waste

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